

Moroccan Baghrir

Soft, spongy Moroccan yeast pancakes, served with honey and butter

Servings

6 PERSONS

Ingredients

- 2 cups flour plain
- 1 square cake fresh yeast
- 1 + 1/4 cup semolina fine
- 1 egg
- 1 cup milk or water
- pinch of salt
- 1 Tbsp sugar

Drizzle Sauce

- 1 stick butter
- 1/3 cup honey

Instructions

1. Mix flour, semolina, and salt. Put it in a bowl and make a hollow in the middle. Mix yeast with lukewarm liquid (milk or water) and sugar and pour it in that hollow. Mix it now slowly with the dry ingredients. You can use your hand or a mixer. When using dry yeast you can put everything in the kitchen machine and beat it together on slow speed. Let it sit for 30 Minutes. The batter should be rather liquid and very bubbly afterward. Heat a non-stick or greased pan to medium heat. I use a crepe pan and put a little oil in it before the first scoop of batter comes in. After that, there is no need to grease it again. Put a ladle of batter into the pan. Wait for 1001 bubbles to come up. You don't flip Baghrir but only bake them from one side. Therefore, the pan must not be too hot to burn one side while the other side is still moist. In addition, the batter must be liquid enough to be poured into the pan and form a not too thick pancake that bakes well. Baghrir are finished when they become dry on top and most bubbles have opened up. The lower side should be lightly brown. Put on a clean dish towel or cake rag to cool down a bit.

Serve

1. Melt butter in a saucepan. Add the honey and mix well. Now place Baghrir overlapping on a serving plate and pour honey-butter over them. In Morocco, you grab one, roll it and eat it from your hand. (Have napkins ready!)

Recipe Notes

Do you want to see Baghrir in action? Check out this video by youtube chef Alia. She is making Baghrir with her grandmother. Baghrir are so good she made this recipe her first episode ever in 2008.

In Morocco, these pancakes are sometimes called mille-trous, thousand holes. In one of my German cookbooks, they are called Moroccan honeycomb pancakes. These little holes give the pancakes a spongy texture which makes the drizzle sauce stick very well.

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